



7 Days, Monday - Sunday.  
**10.30 am**  
 Saturday (Vigil) **5 pm**  
 Sunday Evening **6 pm**

**Sunday 26<sup>th</sup> July**

Sat. 5pm

† Altar List of the Dead

Sun. 10.30

† John O'Donovan (MM)

† Alan Murphy (1<sup>st</sup> A)

† Tomás Ó Sioráin (18<sup>th</sup>A)

Mon. 10.30

Mass for the Sick

Mon. 11.30 (9<sup>th</sup>A)

† Funeral Mass for

Joseph Murphy

Tues. 10.30

† Victoria Ann Kendall (RD)

Wed. 10.30

† Colm Murray (7<sup>th</sup>A)

Thurs 10.30

Fri. 10.30

† Christy Cullen (Recd Decd)

Sat. 10.30

**Sunday 2<sup>nd</sup> August**

Sat. 5pm

† Jo Farrelly (9<sup>th</sup>A) & her husband Jack Farrelly (50<sup>th</sup>A)

† Altar List of the Dead

Sun 10.30

† John Lynch (1<sup>st</sup> A)

† Mark Egan (3<sup>rd</sup>A) & his Grandmother Nan Treacy who died in April.

Sun 6pm

† Arthur Bastible (1<sup>st</sup> A)

**Some Useful Numbers**

The confidential phone no. for the St. Vincent de Paul society is **083 3843 741**

Clontarf Bethany Bereavement Support: 087 6445309

Samaritans 116 123

Text Samaritans on 087 609090 / email: [jo@samaritans.ie](mailto:jo@samaritans.ie)

Pieta House 1800 247 247

ALONE Mon-Fri 8am-8pm

0818 222 02



**People are Gifts**

*People are gifts... that the Father sends to me wrapped.*

*Some are wrapped very beautifully;*

*They are very attractive when I first see them.*

*Some come in very ordinary wrapping paper.*

*Others have been mishandled in the mail.*

*Once in a while there is a Special Delivery.*

*Some people are a gift which comes very loosely wrapped;*

*Others very tightly. But the wrapping is not the gift!*

*It is so easy to make this mistake!*

*Sometimes the gift is easy to open up.*

*Sometimes I need others to help.*

*Is it because they are afraid?*

*Does it hurt?*

*Maybe they have been opened up before and thrown away.*

*I am a person. Therefore, I am a gift too!*

*A gift to myself first of all. The Father gave myself to me.*

*Have I ever really looked inside the wrapping?*

*Am I afraid to?*

*Perhaps I have never accepted the gift that I am...*

*Could it be that there is something else inside the wrapping than what I think there is?*

*Maybe I've never seen the wonderful gift that I am.*

*Could the Father's gift be anything but beautiful?*

*I love the gifts that those who love me give me.*

*Why not the gift from the Father?*

*Am I a gift to other people?*

*Lord, grant that I may be a "giver" and a "receiver"*

*of your most precious of gifts: People - Myself and Others.*

G.P.Nintemann



**"No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite"**

**Nelson Mandela 18<sup>th</sup> July 1918 - 5<sup>th</sup> December 2013**