

ST. GABRIEL'S NOTES

21st July 2024

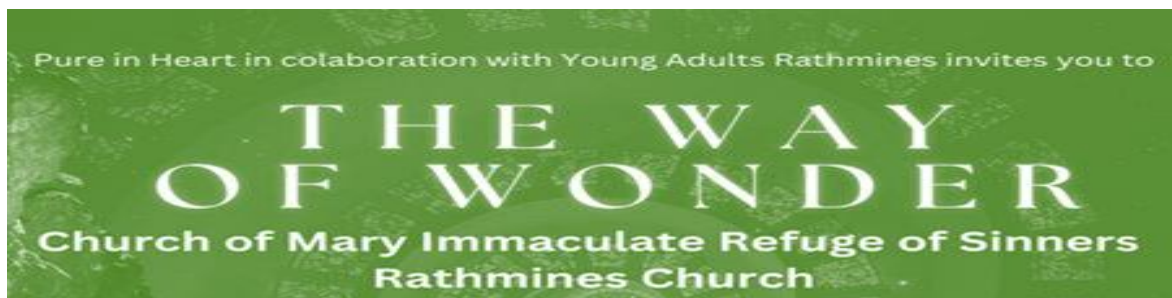


St. Gabriel's Meals

Do you have a freshly cooked hot meal every day? When you don't feel up to cooking, is it easier to settle for toast and tea or a sandwich? Do you know that fresh two-course meals of meat, mash and two veg, with dessert, are prepared every day in the Parish Centre and can be delivered to your door every day Monday to Friday (extra meals on Friday for the weekend if required) for just **€6 per meal**

The kitchen in our parish centre is a fully fitted stainless steel kitchen with full HSE certification for the preparation and distribution of Meals. Health inspectors are regular and welcome visitors and all the staff are fully qualified and hold current HACCP Certification. Our drivers are all Garda vetted.

To find out more or to order meals, please phone Mary in the kitchen any weekday morning on 01 833 4755 / email mealsonwheelsstgabriels@gmail.com. You'll wonder why you didn't do it years ago!!



Bill Donaghy of the Theology of the Body Institute is coming to Dublin for one night only **next Friday, 26th July in Rathmines Church**. Doors open 6.30pm. Talk starts at 7pm

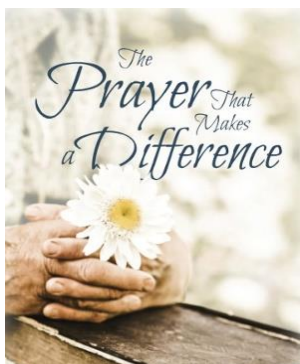
"An immersive experience of the mind, heart and senses as we explore a mosaic of classical and contemporary art, music, theological and philosophical reflections that will open us to Wonder again."

For more information, see posters on noticeboards in the porches, or

Email: info@pureinheart.ie,  @yarathmines/@pureinheartirl.

Numbers When You Need Them

Apologies to all who were disappointed last week when the cards we advertised from the HSE were all taken very quickly. We have asked for more and hopefully will get them soon.



*I got up early one morning and rushed right into the day,
I had so much to accomplish, that I didn't have time to pray.
Problems just tumbled about me and heavier came each task,
"Why doesn't God help me?" I wondered. He answered "You didn't ask".
I wanted to see joy and beauty but the day toiled on grey and bleak.
I wondered why God didn't show me, He said: "But you didn't seek".
I woke up early this morning, and paused before entering the day.
I had so much to accomplish that I had to take time to pray.*