



The Eucharist



As we prepare for First Holy Communion next Saturday, perhaps a few timely thoughts on Holy Communion would be of benefit to us all.



This is a very special day when Jesus comes to the boys and girls for the first time. May I thank their parents and their teachers for preparing them for this great gift from God. I would also like to thank the Parents who organised so excellently our Parish First Holy Communion programme "Do This in Memory of Me" and also our Prayer Friends for their prayers and encouragement for the children.

Please God it will be the first of many times when the children receive Jesus in Holy Communion.

EUCCHARISTIC MINISTERS

Again my thanks to the parishioners who distribute Holy Communion at our Masses and bring Holy Communion to the sick and housebound.

We need more volunteers please!

Bringing Holy Communion to the Sick and Housebound



To see what Holy Communion means to them certainly encourages my own faith. If there are any sick or housebound who are not on our visiting list and would like to receive Jesus in Holy Communion, please let us know
(Parish office 01-8333602 /
Email: info@stgabrielsparish.ie)



Coeliacs: I feel that there are many more people who are coeliacs and don't approach the altar to receive Holy Communion. From this weekend, they may approach the priest celebrating the Mass with everyone else - he will have the chalice with the Precious Blood on a table beside him and just ask for it instead of the host.



Lastly, to encourage more and more people to receive Holy Communion when they come to Mass and to remind you of the words of Pope Francis:

"The Eucharist is not a prize for the perfect, but a powerful medicine and nourishment for the weak"

Fr. Pat