



ST. GABRIEL'S NOTES

5th May 2019



The Eucharist



As we prepare for First Holy Communion next Saturday, perhaps a few timely thoughts on Holy Communion would be of benefit to us all.



This is a very special day when Jesus comes to the boys and girls for the first time. May I thank their parents and their teachers for preparing them for this great gift from God. I would also like to thank the Parents who organised so excellently our Parish First Holy Communion programme "Do This in Memory of Me" and also our Prayer Friends for their prayers and encouragement for the children.

Please God it will be the first of many times when the children receive Jesus in Holy Communion.

Please note that this year First Holy Communion is at the earlier time of 10.00 am

EUCCHARISTIC MINISTERS

Again my thanks to the parishioners who distribute Holy Communion at our Masses and bring Holy Communion to the sick and housebound. *We need more volunteers please!*

Bringing Holy Communion to the Sick and Housebound



To see what Holy Communion means to them certainly encourages my own faith. If there are any sick or housebound who are not on our visiting list and would like to receive Jesus in Holy Communion, please let us know
(Parish office 01-8333602 /
Email: info@stgabrielsparish.ie)



For those who are unable to receive the host, the Priest celebrating each Mass has a Chalice with the Precious Blood beside him on the table. Just ask for it as you approach him.

We also have gluten-free hosts - please contact us before Mass.



Lastly, to encourage more and more people to receive Holy Communion when they come to Mass and to remind you of the words of Pope Francis:

"The Eucharist is not a prize for the perfect, but a powerful medicine and nourishment for the weak"

God bless,

Fr. Pat