



ST. GABRIEL'S NOTES

17th January 2021



Minding Ourselves and Looking Out for Each Other

As once again we are getting used to Lockdown and all that it entails, we think of everyone, especially those living alone, and wonder how you are coping. It is a strange and difficult time but thankfully we are beginning to see a "stretch in the evenings" and live in hope for better days ahead.

Masses continue at all the usual times, and are available on our webcam at www.stgabrielparish.ie. The Church is open for private prayers every day after Mass until 4pm.

We continue to deep clean and seal it regularly with our Fogging Machine. Hand sanitisers are available and please also use the wet wipes at each entrance to sterilize where you are going to sit, and again as you leave.

The Parish office is open for just two hours, 11am - 1pm, on weekdays for Mass cards and other business. However if possible please contact us by phone (01 8333602) or email (info@stgabrielparish.ie). There is also a postbox at the back gate on Dollymount Park. You may leave a message on the phone at any time and we will respond on the next working day. Masks must be worn when visiting the office or sacristy.

Please stay safe, keep socially distant, wear your mask and sanitise your hands.

If you find it hard to cope, there are many avenues of help and support available:

Alone 0818 222024; Samaritans 116123; Pieta House 0800 247 247; Local VdeP 083 3843741
and sure we always love to hear from you as well! *Fr. Pat*



ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary.

The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**,

In 1977 the bodies of three older people lay undiscovered in their homes in Dublin for several weeks. A young fireman, William Birmingham, who retrieved one of the bodies, decided to bring some humanity to the situation and began by printing posters offering help. Willie died tragically young in 1990 but ALONE (*A Little Offering Never Ends*) has continued for over forty years to tackle isolation, loneliness and homelessness in older people. They have brought about dramatic changes in society and continue to befriend and support thousands of older people.

This past year has brought new challenges and again ALONE has risen to meet them and have succeeded in becoming a main source of support and comfort to thousands of people feeling isolated and afraid during these strange and difficult times.