

PARISH OFFICE: Mon to Fri. 9.30am – 12.30pm
 Phone: 01-8333602 Email: info@stgabrielsparish.ie
 Fr. Pat McManus 01-8057692; 087 2371089
 Fr. Dermot Mansfield 01-7072211 087 9454931
St. Gabriel's Notes and Webcam also available on www.stgabrielsparish.ie



MASS TIMES	St. Gabriel's	St. John's	St. Anthony's
	Sat 5.00 pm	Sat 6.00 pm	Sat 5.30 pm (Family)
	Sun 10.30 am	Sun 10.00 am (Family)	Sun 10.00 am
	6.00 pm (Youth Mass)	12.00 noon	11.30 am



Sunday 29th August

Sat. 5pm

Sun 10.30

† Altar List of the Dead

Sun 6pm

† Annie Lennon Recd Decd
& Remembering her family

Mon. 10.30

Mass for the Sick

Tues. 10.30

Special Intention

Wed. 10.30

† Maura McQuaid Recd Decd

Thur. 10.30

Fri. 10.30

† Patrick Power Recd Decd

Sat. 10.30

Sunday 5th September

Sat. 5pm

† Paul Brownen (5thA)

† Frances Bell (A)

† Altar List of the Dead

Sun 10.30

FR. GARETH FAREWELL MASS

Sun 6pm

† Paddy & Betty Woods, their
son Des and grandson Paul



Rest in Peace

We extend our sincere sympathies to the family and friends of **Gerry Nolan**, Mount Prospect Ave., whose funeral took place here on Thursday, **Harry Wickham**, Kincora Court, whose funeral will take place here on Monday, and **Kieran Delany**, Seafield Avenue, whose funeral was in St. John's on Saturday. Also **Terry Kane**, brother of Tom on our Maintenance Team, whose funeral will take place in Cavan next Tuesday. May Gerry, Harry, Kieran and Terry rest in peace.



The inaugural CAYAS conference will take place online on Saturday 11th September.

The theme for this special conference is

#ForwardTogether with the aim to bring together all those impacted by or involved with Childhood, Adolescent, Young Adult cancer and Survivorship. Registration is free and you'll find more information on the programme and registration through www.cayasireland.ie.

Useful Numbers

The confidential phone no. for the St. Vincent de Paul

Society **083 3843 741**

Clontarf Bethany Bereavement Support: 087 6445309

Samaritans 116 123 Text Samaritans on 087 609090 / email: jo@samaritans.ie

Pieta House 1800 247 247

ALONE 0818 222 024



Spiritual Exercises for Mental Health

The Jesuits in Britain, creators of the wonderful Pray as you Go website, have devised seven mental health audio exercises designed to encourage, in God's presence, prayerful awareness of any feelings of unease or distress.

These short exercises last no more than eight minutes. They address addiction, aging, anxiety, depression, grief, insomnia and loneliness. It is hoped that they will be helpful for anyone using these sessions who might be struggling at the moment.

To access these, and other rich online spiritual resources, visit www.newpilgrimpath.ie.